

Insured and/or administered by:

Chevron Corporation

Cigna Health and Life Insurance Company

Benefits at a Glance
Policy # 05721A009, A011-Global Choice Plan (Expatrates in the US)
Plan Start Date January 1, 2022

This plan provides minimum essential coverage.

Please Note: This is a high level summary of your benefits. Please see your certificate booklet for detailed benefits and exclusions.

Cigna Global Customer Service		
Toll Free Telephone Number: Direct Telephone: Toll Free Fax Number: Direct Fax Number:	1.800.441.2668 1.302.797.3100 (collect calls accepted) 1.800.243.6998 001.302.797.3150	
Secure Website:	www.CignaEnvoy.com. Registration is Required (See member kit for registration information.) Secure email available at this site.	
Mail Delivery:	Cigna Global Health Benefits P.O. Box 15050 Wilmington DE 19850-5050 U.S.A.	Cigna Global Health Benefits 300 Bellevue Parkway Wilmington DE 19809 U.S.A.

General Plan Provisions - All Amounts in U.S. Dollars

Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Area of Cover		Worldwide	
U.S. Medical Network	OAP		
Eligibility	Refer to eligibility definition in the certificate		
Lifetime Maximum	Unlimited		
Annual Maximum	Unlimited		
Calendar Year Deductible Per Individual	\$0	\$0	\$0
· Per Family	\$0	\$0	\$0
Coinsurance (The percentage of covered expenses the plan pays)	100%	100%	70%
Out-of-Pocket Maximum · Per Individual	Unlimited	Unlimited	\$2,000
· Per Family	Unlimited	Unlimited	\$6,000



Global Medical Plan		
Deductible Calculation	Claims for a family member are covered at plan coinsurance: • When that family member satisfies the Individual Deductible -OR- • When the Family Deductible is satisfied regardless of whether or not the Individual Deductible is satisfied.	
Out-of-Pocket Calculation	Claims for a family member are covered at 100% coinsurance: • When that family member satisfies the Individual Out-of-Pocket Maximum -OR- • When the Family Out-of-Pocket Maximum is satisfied regardless of whether or not the Individual Out-of-Pocket Maximum is satisfied. Out-of-Pocket will: Exclude deductible payments; Exclude copay payments; Exclude pharmacy copays; Include pharmacy coinsurance payments; Exclude Pre-Admission Certification/Continued Stay Review penalties.	
Network Accumulation	Plan Deductible, Out-of-Pocket, maximums and service specific maximums (dollar and occurrence) will cross-accumulate across international and domestic networks.	

Certification Requirements - For services rendered inside the United States

Precertification for inpatient and outpatient services received in the U.S. may be required.

- Providers must call our toll-free number, 1.800.441.2668 to pre-certify services.
- You or your dependents are responsible for ensuring that Out-of-Network providers pre-certify services.
- Failure to obtain precertification may affect Out-of-Pocket costs.
- This is a summary only and further details can be found in the certificate booklet.



	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Physician's Services - Physician's Office Visit	100%	100%	70%
· Surgery Performed In the Physician's Office	100%	100%	100%
Preventive Care			
· Routine Preventive Care - Adult	100%	100%	100%
· Immunizations - Adult	100%	100%	100%
· Routine Preventive Care - Child	100%	100%	100%
· Immunizations - Child	100%	100%	100%
Travel Immunizations (Immunizations as required for travel)	100%	100%	70%
Mammograms, PSA, PAP Smear and Colorectal Cancer Screenings	100%	100%	100%
Inpatient Hospital			
· Inpatient Hospital - Facility Services	100%	100%	70%
 Inpatient Hospital Physician Visits/Consultations 	100%	100%	70%
 Inpatient Professional Services (Surgeon, Radiologist, Pathologist, Anesthesiologist) 	100%	100%	70%
Outpatient Services			
· Outpatient Facility Services	100%	100%	70%
· Outpatient Professional Services	100%	100%	70%
Emergency Room	100%	100%	100%
Urgent Care Services	100%	100%	70%
Ambulance	100%	100%	100%



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Laboratory Services - Physician Office Visit	100%	100%	70%
- Outpatient Facility	100%	100%	70%
- Laboratory Services at an Independent Lab facility	100%	100%	70%
Radiology Services - Physician Office Visit	100%	100%	70%
· Outpatient Facility	100%	100%	70%
Advanced Radiology (i.e., MRIs, MRAs, CAT Scans, PET Scans)			
· Physician Office Visit	100%	100%	70%
· Inpatient Facility	100%	100%	70%
· Outpatient Facility	100%	100%	70%
Short-Term Rehabilitation			
· Physician Office Visit	100%	100%	70%
· Outpatient Hospital Facility	100%	100%	70%
Calendar Year Maximum:	120 Days for all Therapies Combined		

The limit is not applicable to Mental Health and Substance Use Disorder conditions. **Note:** The Short-Term Rehabilitation Therapy maximum does not apply to the treatment of Autism *Includes:* Cardiac and Pulmonary Rehab, Speech, Occupational and Cognitive Therapy



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Short-Term Rehabilitation - Physical Therapy / Physiotherapy			
- Physician Office Visit	100%	100%	70%
· Outpatient Hospital Facility	100%	100%	70%
Calendar Year Maximum: Unlimited for all Therapies Combined			
Chiropractic Care Calendar Year Maximum: Unlimited	100%	100%	70%
Maternity Care Services			
· Initial Visit to Confirm Pregnancy	100%	100%	70%
 All subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges (i.e. global maternity fee) 	100%	100%	70%
 Physician's Office Visits in addition to the global maternity fee when performed by an OB/GYN or Specialist 	100%	100%	70%
· Delivery – Facility			
· Inpatient Hospital	100%	100%	70%
· Birthing Center	100%	100%	70%



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
Infertility Services	Diagnosis of Infertility is covered under general Physician Office Visits. Coverage will be provided for the following services:		
	GIFT, ZIFT, etc. In-vitro Artificial Insemination	١	
· Physician Office Visit and Counseling	100%	100%	70%
· Lab and Radiology Tests	100%	100%	70%
· Inpatient Facility	100%	100%	70%
· Outpatient Facility	100%	100%	70%
Hearing Exam - 1 Exam Every 12 Months	100%	100%	70%
Hearing Device / Aids Limited to Dependent Children Under 26 Years 1 Per Ear Every 2 Calendar Years up to \$2,500	100%	100%	100%
Mental Health - Physician Office Visit	Not Covered	Not Covered	Not Covered
· Inpatient Facility	Not Covered	Not Covered	Not Covered
· Outpatient Facility	Not Covered	Not Covered	Not Covered
Substance Use Disorder - Physician Office Visit	Not Covered	Not Covered	Not Covered
· Inpatient Facility	Not Covered	Not Covered	Not Covered
· Outpatient Facility	Not Covered	Not Covered	Not Covered

Prescription Drug Benefits		
International (Outside of the U.S.)		
Purchased outside the United States	No Charge	



Teladoc Health International Available 24/7 via the Cigna Wellbeing App, Global Telehealth gives you access to licensed doctors around the world. • Video or phone consultations with licensed doctors when medically necessary • Prescriptions for common health concerns when medically necessary and permitted • Treating medical conditions like fever, rash, pain and more • Assistance with preparations for an upcoming consultation • Discussing medication plan and potential side effects • Diagnosing non-emergency health issues ranging from acute conditions to complex chronic conditions