

mental health and substance use disorder plan effective january 1, 2020

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Update to the summary plan descriptions (SPD) All changes described in this SMM are effective January 1, 2020 unless otherwise indicated.

The enclosed information serves as an official summary of material modification (SMM) for the plans referenced herein. Please keep this information with your other plan documents for future reference. You can access the summary plan descriptions for your benefits at **hr2.chevron.com** or by calling the HR Service Center at **1-888-825-5247**.

transcranial magnetic stimulation (TMS)

Applies to the Mental Health and Substance Use Disorder (MHSUD) Plan

As a clarification of current covered services, the Mental Health and Substance Use Disorder (MHSUD) Plan covers **Transcranial Magnetic Stimulation (TMS)** when provided in conjunction with a diagnosed and covered psychiatric disorder. TMS services must meet medical necessity as determined by Beacon Health Options and pre-certification is required in order to receive full benefits provided by the MHSUD Plan.

Transcranial Magnetic Stimulation (TMS) is a noninvasive method of brain stimulation in which electromagnetic devices are used to induce a mild electrical current, typically used to assist patients suffering from treatment-resistant depression.

Consult the MHSUD Plan summary plan description or contact Beacon Health Options at 1-800-847-2438 for more information or for further instructions about how to obtain pre-certification.

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