



# anthem total health total you program effective january 1, 2021

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## Update to the summary plan description (SPD)

All changes described in this SMM are effective January 1, 2021.

The enclosed information serves as an official summary of material modification (SMM) for the plans referenced herein. Please keep this information with your other plan documents for future reference. You can access the summary plan descriptions for your benefits at [hr2.chevron.com](http://hr2.chevron.com) or by calling the HR Service Center at 1-888-825-5247.

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## Total Health Total You Program

This change applies to participants in the Medical PPO Plan, the High Deductible Health Plan (HDHP) and the High Deductible Health Plan Basic (HDHP Basic).

Anthem, the claims administrator for the Medical PPO, HDHP and HDHP Basic, may provide voluntary clinical support programs from time to time. These not only support your overall health and wellness, but also a wide array of clinical health conditions, such as asthma, diabetes, coronary artery disease and more.

Effective **January 1, 2021** Anthem's clinical support program, the **Total Health Total You Program**, will automatically be activated for all plan participants at no cost to you. Through existing technology and services – like the Anthem Engage app and the Primary Nurse Team – you'll receive targeted health communications and resource recommendations from Anthem that are tailored specifically to the health goals that are most important to you.

This change is primarily administrative, so there's nothing you need to do. However, you may notice more personalized guidance from Anthem in the form of preventive care reminders, provider recommendations, alternative care options, condition support and education, benefits information and other health program recommendations, strategies to reduce your health care costs, and more.

*This communication provides only certain highlights about changes of benefit provisions. It is not intended to be a complete explanation. If there are any discrepancies between this communication and the legal plan documents, the legal plan documents will prevail to the extent permitted by law. There are no vested rights with respect to Chevron health care plans or any company contributions towards the cost of such health care plans. Rather, Chevron Corporation reserves all rights, for any reason and at any time, to amend, change or terminate these plans or to change or eliminate the company contribution toward the cost of such plans. Such amendments, changes, terminations or eliminations may be applicable without regard to whether someone previously terminated employment with Chevron or previously was subject to a grandfathering provision. Some benefit plans and policies described in this document may be subject to collective bargaining and, therefore, may not apply to union-represented employees.*