



enhanced musculoskeletal (MSK) care programs chevron prescription drug program effective january 1, 2023

Update to the summary plan descriptions (SPD)
Changes described in this SMM are effective January 1, 2023.

The enclosed information serves as an official summary of material modification (SMM) for the **Prescription Drug Program** for participants in the **Chevron Medical PPO Plan**, the **High Deductible Health Plan (HDHP)** the **High Deductible Health Plan Basic (HDHP Basic)** and the **Global Choice Plan**. Please keep this information with your other plan documents for future reference. You can access the summary plan descriptions for your benefits at hr2.chevron.com (or hr2.chevron.com/retiree) or by calling the HR Service Center at **1-888-825-5247**.

enhanced musculoskeletal (MSK) care programs

Effective **January 1, 2023**, in partnership with **Hinge Health**, eligible participants will have access to free, enhanced Musculoskeletal (MSK) care programs that are personalized to best fit your MSK needs. You'll receive an invitation from Hinge Health if your claims data identifies that you're eligible to participate in the programs. Depending on the level of need, programs may include:

- Educational support focusing on key strengthening and stretching activities around healthy habits and, in some cases, live virtual sessions with a dedicated licensed physical therapist and guided rehabilitation and education.
- Personalized exercise therapy sessions guided by wearable sensors, one-on-one access to a personalized health coach, personalized education content, and behavioral health support for chronic MSK issues related to long term back and joint pain.
- Up to six virtual physical therapy sessions per episode prior to in-person healthcare provider or physical therapy care – for certain programs.



who to contact

If you have questions about these plan updates, contact **Express Scripts Member Services** at **1-800-987-8368** starting October 17, 2022.

This communication provides only certain highlights about changes of benefit provisions. It is not intended to be a complete explanation. If there are any discrepancies between this communication and the legal plan documents, the legal plan documents will prevail to the extent permitted by law. Oral statements about plan benefits are not binding on Chevron or the applicable plan. There are no vested rights with respect to Chevron health and welfare plans or any company contributions towards the cost of such health and welfare plans. Rather, Chevron Corporation reserves all rights, for any reason and at any time, to amend, change or terminate these plans or to change or eliminate the company contribution toward the cost of such plans. Such amendments, changes, terminations or eliminations may be applicable without regard to whether someone previously terminated employment with Chevron or previously was subject to a grandfathering provision. Some benefit plans and policies described in this document may be subject to collective bargaining and, therefore, may not apply to union-represented employees.