



new coverage requirements for GLP-1 medications

chevron prescription drug program

effective january 1, 2025

If you are enrolled in the **Chevron Medical PPO Plan**, the **High Deductible Health Plan (HDHP)** the **High Deductible Health Plan Basic (HDHP Basic)** or the **Global Choice Plan**, you are automatically enrolled in the **Prescription Drug Program** with Express Scripts for prescription drug coverage.

The Chevron Prescription Drug Program already provides coverage for GLP-1 medications, used for both diabetes and weight loss. Effective **January 1, 2025**, these medications will be subject to new coverage requirements. This document provides additional details about the change.

what's inside

- Description of the change (official plan rules)
- Frequently asked questions
- About Omada and how to get started

If you have questions about these plan updates or the programs discussed here, contact **Express Scripts Member Services** at **1-800-987-8368**.



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Update to the summary plan descriptions (SPD)
Changes described in this SMM are effective January 1, 2025.

The enclosed information serves as an official summary of material modification (SMM) for the **Prescription Drug Program**, automatically included for participants enrolled in the **Chevron Medical PPO Plan**, the **High Deductible Health Plan (HDHP)** the **High Deductible Health Plan Basic (HDHP Basic)** and the **Global Choice Plan**. Please keep this information with your other plan documents for future reference. You can access the summary plan descriptions for your benefits at hr2.chevron.com (or hr2.chevron.com/retiree) or by calling the HR Service Center at 1-888-825-5247.

new coverage requirements for GLP-1 medications

The Chevron Prescription Drug Program already provides coverage for GLP-1 medications, used for both diabetes and weight loss. Effective **January 1, 2025**, these medications will be subject to new coverage requirements, as outlined below. **Your action may be required (see page 2).**

GLP-1 for weight loss requirements

These medications require prior authorization and are managed through Express Script's condition-specific programs, EncircleRx, the Diabetes Care Value ProgramSM and the Weight Management Care ValueSM Program. To receive coverage for weight-loss purposes, you must meet *new* BMI or other clinical requirements, enroll and engage in the Omada virtual health program, and your doctor must provide documentation during the prior authorization process. Here's how it works:

- **For initial prior authorization, you must meet *all* the following requirements:**
 - You must meet BMI requirements as established by Express Scripts.
 - You must also enroll in the Express Script's Diabetes Prevention Program, currently administered by Omada Health. Omada can help you create healthier habits to achieve long-lasting results.
- **For refills:** To be eligible for each refill, you must satisfy **all** the following Diabetes Prevention Program engagement requirements:
 - Use the Omada mobile app at least four times each month* by completing lessons, recording meals and/or exercise, engaging with an Omada health coach, or engaging with your peer group or online community.
 - Weigh in at least four times each month* using the smart scale provided by Omada Health.
- **Upon your *first* prescription renewal:** Prior authorization renewal will be required. You must have achieved a targeted decrease in body weight of 5%. Prior authorization renewal will be denied if you have not achieved the target decrease percentage, but your doctor can appeal once you have achieved the required goal.

* For purposes of this requirement, a month is defined as the rolling 30 days prior to your next prescription fill.

GLP-1 for diabetes management requirements

These medications for diabetes purposes are managed through Express Script's condition-specific programs, EncircleRx and the Diabetes Care Value ProgramSM. Your prescribing physician may be required to provide new information and proof of clinical diabetes during both initial prior authorization and the ongoing renewals, including: either an A1C lab value, a blood glucose test result or medical diagnosis code.

I am currently taking a GLP-1 medication.

What do I need to do?

For diabetes management No action is required of you. When your current medication is due for a renewal of prior authorization after January 1, 2025, your physician may be prompted to provide the additional required information.

For weight loss All participants currently taking a GLP-1 medication for weight loss will be contacted in November 2024 to **restart the initial prior authorization process**, as outlined above, *regardless* of when your prior authorization renewal is due.

- Your doctor will be prompted to **provide initial prior authorization** under the new requirements by January 1, 2025.
- You will be required to **enroll** in the Express Scripts Diabetes Prevention Program with Omada Health by January 1, 2025.
- You will be required to complete the **monthly Omada program engagement** requirements to receive your **refills**. If you have not completed the engagement requirements for the month, your refill will be denied until you complete your monthly goal.
- You must meet the target 5% weight loss requirement upon your first prescription renewal.

about the express scripts diabetes prevention program

Available at no cost to eligible participants as part of the Diabetes Care Value ProgramSM under your Chevron Prescription Drug Program coverage, Express Scripts, in partnership with **Omada Health (Omada)**, offers access to a diabetes prevention program to help participants at risk for type 2 diabetes. This program is an online behavioral modification and digital care program designed to help you make gradual changes to the way you eat, move, sleep and manage stress. Included is a ready-to-use wireless scale, mobile app, support from a professional health coach, a small peer group for real-time support, weekly online lessons and interactive activities. If you meet program eligibility requirements, Omada will reach out to you directly with an invitation to participate.

who to contact

If you have questions about these plan updates or the programs discussed here, contact **Express Scripts Member Services** at **1-800-987-8368** starting October 14, 2025.

This communication provides only certain highlights about changes of benefit provisions. It is not intended to be a complete explanation. If there are any discrepancies between this communication and the legal plan documents, the legal plan documents will prevail to the extent permitted by law. Oral statements about plan benefits are not binding on Chevron or the applicable plan. There are no vested rights with respect to Chevron health and welfare plans or any company contributions towards the cost of such health and welfare plans. Rather, Chevron Corporation reserves all rights, for any reason and at any time, to amend, change or terminate these plans or to change or eliminate the company contribution toward the cost of such plans. Such amendments, changes, terminations or eliminations may be applicable without regard to whether someone previously terminated employment with Chevron or previously was subject to a grandfathering provision. Some benefit plans and policies described in this document may be subject to collective bargaining and, therefore, may not apply to union-represented employees.

EncircleRx Weight Loss: New weight management program

Available for eligible medical plan participants

Frequently asked questions

To further support your health and well-being, we're offering **EncircleRxSM** – a new weight management program that includes coverage for select prescription weight management medications

What Medications are Included?

Saxenda[®], Wegovy[®] and Zepbound[™] are medications approved by the U.S. Food and Drug Administration (FDA) for weight management. These medications, along with healthier behaviors, including a reduced-calorie diet and increased physical activity, help address chronic weight management issues.

What are the coverage requirements for a weight loss medication?

For a medication to be covered, you must:

1. Join and participate in the Omada[®] online lifestyle modification program which is available at no extra cost to you¹; and
2. Have a body mass index (BMI) of 32 or higher – **or** a BMI of 27 or higher, *along with* two weight-related health issues.

What weight-related health issues are included in the requirements for coverage of a weight loss medication?

*If your BMI is 32 or higher, you can qualify for coverage in EncircleRx.

*If your BMI is of 27 to 31 **and** you have two weight-related issues, such as those listed below, you can qualify for coverage in EncircleRx.

- Arthritis of the knee
- Asthma
- Chronic obstructive pulmonary disease
- Coronary artery disease
- Heart disease
- High blood pressure
- High cholesterol
- Non-alcoholic fatty liver disease
- Obstructive sleep apnea
- Polycystic ovarian syndrome
- Type 2 diabetes

*You will also need to enroll in the Omada lifestyle modification program.

How do I know what my BMI is?

BMI, or body mass index, is a measure of your body composition based on your height and weight.

Your doctor can tell you what your BMI is, or you can use an [online calculator](#) to find out.²

What's Omada?

Omada is a virtual chronic care provider partnered with Express Scripts. They are experts in weight loss and obesity disease management, allowing you to work closely with a health coach. They offer support and virtual programs that give you the tools and resources to get healthy and help manage weight, lower blood pressure and/or control diabetes. Omada will help you build healthy routines around what you like to do and where you need the most support. You will work with a virtual care team who will help you reach your goals through one-on-one health coaching, specialist support and smart devices – at no extra cost to you. You can join Omada if you meet certain eligibility requirements and are prescribed a medication for weight loss.

How do I get started with Omada?

Based on your medication or medical history, Omada may have already reached out to you. If you have this communication in your email inbox, you can follow the link and the corresponding directions, or if the invite was mailed to you, enroll in Omada at omadahealth.com/esi and enter your Access Code provided. It is important to check your junk mail setting to make sure you can receive Omada communications.

Alternatively, your Omada Access Code and enrollment link are available on the Express Scripts portal at omadahealth.com/esi. If you do not have a login, you can register by clicking the Register Now button on the log in screen or by visiting express-scripts.com/frontend/registration-ui/#/welcome. Once logged in, please select the Health Solutions Tab at the top. Here you will find information on the Omada program(s) available to you as well as your access code and enrollment link.

The screenshot shows the Express Scripts website's 'Health Solutions' page. The 'Health Solutions' menu item is circled in red. Below the navigation bar, there are four icons: 'Safe', 'Personalized', 'Easy to Use', and 'Clinically Relevant'. A dropdown menu for 'Household member' is set to 'JED (04/01/1977)'. Under the 'Diabetes Prevention' section, the 'Omada' link is highlighted with a red arrow pointing to a green box labeled 'Enrollment link'. Below the Omada logo, the access code 'RF2T-TYUR' is highlighted with a red arrow pointing to a green box labeled 'Access code'. The page also includes a disclaimer at the bottom: '*Programs are each administered and operated by the above referenced independent third parties as a feature of your pharmacy plan. Express Scripts administers your prescription plan for your employer, plan sponsor, health plan or benefit fund. All trademarks are the property of their respective owners.'

If you have trouble enrolling, you can reach out to Omada at support@omadahealth.com

I brought my weight loss prescription to my pharmacy, but they were unable to fill the medication. What is going on?

Being able to receive a prescription for a weight loss medication is dependent on two things: active enrollment and/or engagement with Omada and an active prior authorization. If you are not enrolled in Omada, directions for enrollment will be sent to you shortly after your pharmacy first receives your prescription. If you are enrolled, it is important that you maintain active participation with Omada.

If you currently are enrolled and engaged with Omada, your prescription may require either a new or renewed coverage review. The necessary requirements for your coverage review will be sent automatically to your prescriber.

Prior to receiving a prescription for a weight loss medication, I was already enrolled in Omada. Do I have to start over or re-enroll?

No, if you are already enjoying the benefits of Omada, there is nothing additional you need to do except maintain active engagement. If you currently do not have a scale, Omada will provide one when you start a weight loss medication.

What does “active engagement” with Omada mean?

Active engagement is defined as four weigh-ins and four app engagements per month. App engagements are not restrictive or specifically defined because everyone’s journey is unique and different. An engagement can be a completed lesson, a conversation with your health coach, meal tracking, adding to a peer group conversation, completing an exercise goal, or many of the other activities offered by Omada. A weigh-in simply requires stepping on your scale and allowing it to record your weight for the day.

Once I am enrolled in Omada, what happens next?

Your coach will reach out to introduce themselves, and you will receive your scale and any additional equipment necessary based on your initial enrollment responses. For the first 30 days, simply enrolling is enough to meet the engagement requirements while you wait for your equipment.

Additionally, your doctor will be contacted to complete a coverage review for your weight loss medication. The requirements of this process are described above. Nothing is required from you for this process. Everything the prescriber needs will be provided to them, and information provided by the doctor will be evaluated as soon as it is received. If the doctor is unable to provide the required documentation, your prescription may be denied. If this occurs, the full cost of the medication would fall to you.

Once both requirements are met, your medication will be available to be filled at your pharmacy.

I was already on weight loss medication therapy. What does this all mean for me?

If you were already on a weight loss medication, you will be required to enroll in Omada and your coverage review will be re-evaluated based on the updated criteria. Your Omada Access Code and enrollment directions will be provided to you and are available on the Express Scripts portal at esrx.com/healthsolutions.

If I am approved, are there limits to how long I can be on my weight loss medication? If I stop my weight loss medication, what support is provided?

No, currently there are no limits to how long you can be on your weight loss medication. If your medication is discontinued for any reason, you can still participate in the Omada program. Omada can provide you with the tools and education to make this transition a successful one and can continue to provide reinforcement and coaching — there is no need to stop using Omada even if you are no longer taking your weight loss medication.

If I have additional questions, who can I reach out to?

If you have additional questions specifically about the Omada program, you can contact Omada via their email support@omadahealth.com or communicate directly with them via the app if you are already enrolled.

If you have additional questions about the EncircleRx program or your coverage review, you can reach Express Scripts via the number provided on your prescription ID card.

1. Omada is a virtual health company Express Scripts partners with. The program is available as part of your benefits; however, you must meet eligibility requirements to participate. Express Scripts does not endorse or guarantee the accuracy of any third-party content and is not responsible for it. You agree to use third-party content at your own risk.
2. Centers for Disease Control and Prevention (CDC) website, "Adult BMI Calculator." Last reviewed: September 2, 2022. cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html. Cigna Healthcare does not endorse or guarantee the accuracy of any third-party content and is not responsible for it. You agree to use third-party content at your own risk.

Add healthy habits to medication for lasting results

EncircleRxSM and Omada Health



What

Enroll and engage in Omada to get your medication* covered, if clinically eligible.

- + Omada is a virtual health program that helps members create healthier habits to achieve long-lasting results
- + Omada is \$0 cost to you
- + Filling your medication requires prior authorization from your doctor to confirm eligibility criteria is met

Why

Omada will help you on your journey by complementing the impact of your medication.

- + Support from a personal health coach
- + Easy monitoring with smart devices (you keep)
- + Motivation from a peer group and online communities
- + Tools to guide and support you with achieving long-term goals

How

You will need to participate in the Omada program meeting the following requirements each month:

- + Engage four times on the smart device provided by Omada
- + Use the Omada app four times, by doing lessons or engaging with your health coach, peer group or online community

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Enroll today!



Register or log in to esrx.com/healthsolutions to get your access code



Then sign up at omadahealth.com/esj or download the Omada mobile application



For more information, contact your Express Scripts representative