

2023 Consumer Directed Healthcare (CDH) Preventive Medications - Standard

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA

ALVESCO
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
budesonide oral inhalation
FLOVENT DISKUS
FLOVENT HFA
Peak flow meters
QVAR REDHALER

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
ATELVIA DR (risedronate DR)
BINOSTO
BONIVA oral (ibandronate)
DUAVEE
EVISTA (raloxifene)
FOSAMAX (alendronate)
FOSAMAX D
RECLAST (zoledronic acid)

CAVITIES

CLINPRO
GEL-KAM
periomed
PREVIDENT
sodium fluoride rinse, gel, cream,
paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-n
GOLYTELY solution (polyethylene
glycol, gavilyte-g)
polyethylene glycol

DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
PAXIL (paroxetine)
PAXIL CR (paroxetine ER)
sertraline

DIABETES

INSULINS

BASAGLAR
HUMALOG
HUMULIN
LEVEMIR
LEVEMIR FLEXTOUCH
LYUMJEV
SEMGLEE
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR
TRESIBA
TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA
XULTOPHY

NON-INSULINS

ACTOS (pioglitazone)
ACTOPLUS MET
(pioglitazone/metformin)
AMARYL (glimepiride)
BYDUREON
BYETTA
CYCLOSET
DUETACT
(pioglitazone/glimepiride)
FARXIGA
glipizide
glipizide/metformin
Glucometers
GLUCOTROL XL (glipizide ER)
glyburide
glyburide/metformin
GLYNASE (glyburide micronized)
GLYXAMBI
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
metformin
metformin ER
miglitol
MOUNJARO

2023 CDH Preventive Medications - Standard

NON-INSULINS (continued)

nateglinide
OSENI
OZEMPIC
PRECOSE (acarbose)
repaglinide
repaglinide/metformin
RIOMET (metformin solution)
RIOMET ER suspension
RYBELSUS
SEGLUROMET
STEGLATRO
STEGLUJAN
SYMLINPEN
SYNJARDY
SYNJARDY XR
TRIJARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
aspirin/dipyridamole ER
BEVYXXA
BRILINTA
clopidogrel
dabigatran
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
jantoven
warfarin
XARELTO
ZONTIVITY

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
FLOLIPID suspension
fluvastatin
LESCOL XL
(fluvastatin ER)
LIVALO
lovastatin
pravastatin
rosuvastatin
simvastatin
ZYPITAMAG

OTHER CHOLESTEROL LOWERING AGENTS

CADUET (amlodipine/atorvastatin)
colesevelam
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
FENOGLIDE (fenofibrate)
FIBRICOR (fenofibric acid)
LOPID (gemfibrozil)
NIACOR
niacin
NIASPAN (niacin ER)
QUESTRAN (cholestyramine)
QUESTRAN LIGHT (cholestyramine
light, prevalite)
REPATHA
ROSZET
TRILIPIX (fenofibric acid DR)
VASCEPA (icosapent ethyl)

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

ACCUPRIL (quinapril)
ALTACE (ramipril)
captopril
fosinopril
LOTENSIN (benazepril)
moexipril
perindopril
trandolapril
VASOTEC (enalapril)
ZESTRIL (lisinopril)

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
LOTENSIN HCT
(benazepril/HCTZ)
VASERETIC (enalapril/HCTZ)
ZESTORETIC (lisinopril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS

acebutolol
betaxolol
bisoprolol
CORGARD (nadolol)
LOPRESSOR
(metoprolol tartrate)
metoprolol succinate ER
nebivolol
pindolol
propranolol
propranolol ER
TENORMIN (atenolol)
timolol

BETA BLOCKER/ DIURETIC COMBINATIONS

metoprolol/HCTZ
nadolol/bendroflumethiazide
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)
ZIAC (bisoprolol/HCTZ)

2023 CDH Preventive Medications - Standard

CALCIUM CHANNEL BLOCKERS

amlodipine
CALAN SR (verapamil SR)
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT, diltiazem CD)
CARDIZEM LA (diltiazem ER, matzim LA)
dilt xr
felodipine ER
isradipine
nicardipine
nifedipine
NORLIQVA
PROCARDIA XL (nifedipine ER)
SULAR ER (nisoldipine ER)
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)
verapamil
VERELAN (verapamil ER)
VERELAN PM (verapamil ER PM)

DIURETICS

chlorothiazide
chlorthalidone
DIURIL suspension
hydrochlorothiazide
indapamide
metolazone
THALITONE

OTHER HBP & COMBINATIONS

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors

OTHER HBP & COMBINATIONS (continued)

CADUET (amlodipine/atorvastatin)
PRESTALIA
trandolapril/verapamil ER
TWINSTA (amlodipine/telmisartan)

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE (atovaquone/proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE
DESCOVY*
emtricitabine/ tenofovir disoproxil fumarate (TDF) 200mg/300mg*
PREVYMIS
SYNAGIS

OBESITY

ADIPEX-P (phentermine)
benzphetamine
CONTRAVE
diethylpropion
diethylpropion ER
IMCIVREE
LOMAIRA
PLENITY

OBESITY (continued)

phendimetrazine
phendimetrazine ER
QSYMIA
SAXENDA
WEGOVY
XENICAL

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICOTROL
NICODERM CQ (nicotine patches)
NICORETTE (nicotine gum and lozenges)

VACCINATION*

Anthrax, BCG, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkeypox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

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