

# I have school-aged children

## resources for U.S.-payroll employees



The [Rethink program](#) offers resources to help you understand, teach and better communicate with your child.

Have your day care costs changed? [Update your day care flexible spending account](#).



Join the [Worklife Workplace](#) and [Parent's Workplace](#) groups for online peer support and ideas.

### family supports

Through Chevron's partnership with Bright Horizons, the new **Family Supports** resources can help you find:

#### nannies and sitters

Access to a free, premium Sittercity account, including background checks.

#### discounted online tutoring & test prep

#### full-time child-care

Access priority enrollment with a Bright Horizons center *or* get tuition discounts with a high-quality partner center.

[access family supports >](#)



[Chevron Care Spot](#) is an internal peer-to-peer online space to connect you with other Chevron families who have similar caregiving needs. Create or join a "pod" or submit a care request to locate help for tutoring, eldercare, errands and more.

[Bright Horizons back-up or emergency child](#) care is available up to age 12 in Houston and the Bay Area of California.

If you are struggling to balance work and home requirements, don't struggle alone. contact your supervisor and [HR business partner](#).